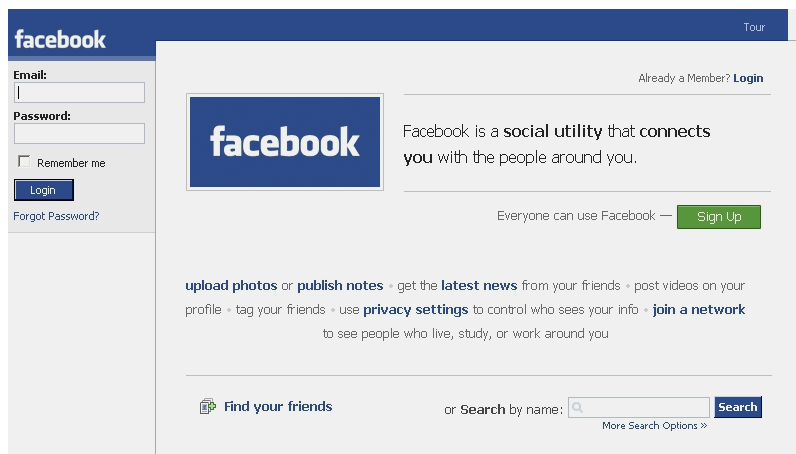


Turnbulls Face Off With The World

TCA has joined the rapidly growing online community of Facebook. Founded in 2004 by Mark Zuckerberg, a former Harvard student, Facebook was designed to provide a virtual meeting space and encourage networking among people of similar interests. Though its original users were predominantly university students, Facebook has grown since 2006 to include anyone 13 or older from all walks of life.

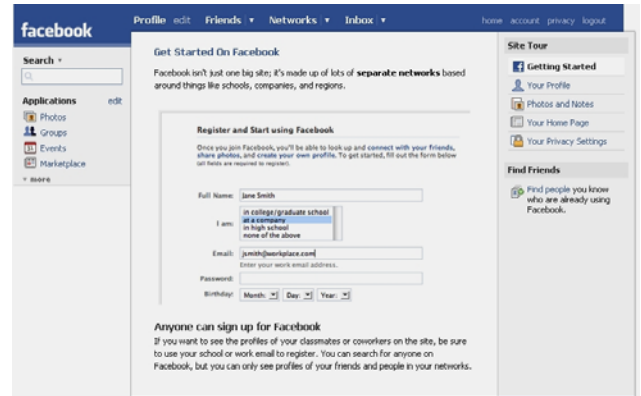
Andrew Turnbull of Kelso, Scotland, created a virtual Turnbull Clan group on Facebook to connect with his friends and family. The Turnbull Clan group has grown and now boasts almost 300 Turnbulls from around the world. TCA recently joined up with the Turnbull Clan Facebook group in order to promote interaction between TCA members and other Turnbulls.

The Facebook community works a little bit like a group pen pal, but is much more interactive, allowing members to post pictures, give virtual gifts, and even send virtual hugs or high fives. It bridges the distance and allows people to form friendships when they may otherwise have never met.

A screenshot of the Facebook homepage from early 2008. The top navigation bar includes 'facebook', 'Tour', and links for 'home', 'account', 'privacy', and 'login'. The main content area features a large 'facebook' logo, a description of the site as a 'social utility that connects you with the people around you', and a 'Sign Up' button. Below this, there are links for 'upload photos', 'publish notes', 'latest news', 'privacy settings', and 'join a network'. A search bar is located at the bottom of the main content area.

Signing up for a Facebook account is easy. Follow the sign up instructions from the Facebook homepage. You can add a photo to identify yourself and invite your friends and family to join your group.

You can get started on Facebook today and impress the teenagers in your life. Simply visit www.facebook.com and select the green "Sign Up" button. Then, you can search for Turnbull Clan using Facebook's search feature and click to join. It's that easy! Upload your Turnbull Clan photos and make some new friends. See you online...

A screenshot of the Facebook registration process. The top navigation bar includes 'facebook', 'Profile', 'edit', 'Friends', 'Networks', 'Inbox', and links for 'home', 'account', 'privacy', and 'login'. The main content area features a 'Get Started On Facebook' section with a description of the site and a 'Register and Start using Facebook' section with a form for creating a new account. The form includes fields for 'Full Name', 'Email', 'Password', and 'Birthday'. A 'Sign Up' button is located at the bottom of the form.

Turnbull's Cutting Edge Research Stresses Importance of UV Exposure



Dr. David Turnbull,
University of Southern
Queensland, Australia

People can get their daily requirement of vitamin D by sitting in the shade in the middle of the day according to research conducted by University of Southern Queensland (USQ) Centre for Rural and Remote Area Health Research Fellow Dr David Turnbull. Dr Turnbull is conducting a study into how to optimize levels of UV exposure.

"People are constantly saying don't expose yourself to the sun too much and don't go outside between 8 am and 5 pm. The current guidelines suggest you need to expose for a bit before 10 am and after 3 pm. My research says the best time is in the middle of the day, if you sit in the shade." Dr Turnbull said people are able to still absorb UV radiation in the shade due to atmospheric scattering. "In the middle of the day you get more radiation for vitamin D because the sun is directly overhead and has less atmosphere to pass through. In the early morning and late afternoon there is more atmosphere to pass through."

Dr Turnbull said sitting in the shade also reduces UVA rays which do not contribute to vitamin D absorption and cause harmful effects to humans. Widely-known effects of the UVA rays include skin cancer, DNA damage, immune suppression, (continued on page 6)

Haven't renewed for 2008? Don't let this be your last issue of the Bullseye. See important information for renewing on page 6! TCA is going places --- don't get left behind.

From the President

by Wally Turnbull

A few years ago we didn't know what email was or what we would do with it. Now we rarely lick a stamp; we google, and we browse virtually anything and anyone. Yet, these marvels of communication are "so yesterday" to our children and grandchildren who text their friends without ever removing their phones from their pockets.



Today's world provides less time for personal leisurely social interaction and we have discovered that we don't like that. We were created as social beings. We need others to play with but more importantly we need to share our thoughts, fears, hopes, and dreams with each other.

Arising from our silent scream of loneliness and need for social interaction has evolved a phenomenon called the "virtual community" in which we interact by sharing our lives, thoughts, and emotions with not just our neighbors but the entire world.

Facebook and blogs provide community not because they are words on a screen but because of the way those words are meant to be written, read, and shared. Not everything posted on Facebook comes from a deep thought. Most are simple but interesting exchanges, questions, and answers about daily life in different parts of the world.

Pass on the word about the Turnbull group on Facebook to all the young people in your life. This is a great way to get them interacting and sharing their lives and heritage with other Turnbolls from all over the world. Be sure to also try it yourself. You will find that you enjoy this thing called virtual community, not to replace personal contact but to provide and supplement it. While you are at it, ask your children and grandchildren about their blogs and read those. You will find that you get to know and love them even more.

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Turnbull Clan Association

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Founders: John F. Turnbull, Scotland • Dorothy Berk, USA

Meet the Member

Brian Turnbull, born in Hawick, Scotland in 1955, grew up as he says, "a west ender" at Cheviot Road in Hawick. He attended Drumlanrig St. Cuthberts Primary School and Hawick High School. His main interests included horses (especially following the Cornet) and cross country running with the Teviotdale Harriers. (He



Brian and Ann Turnbull

still holds the junior men's cross country club championship record for the 3.5 mile course.) While studying mechanical engineering at Galashiels College of Further Education, he also served as an apprentice in Hawick with George Woodcock & Sons, hosiery machine manufacturers.

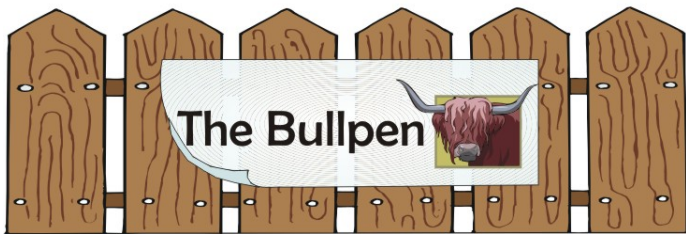
In 1974, Brian married Ann Smith. The couple has three children, Christopher, Laura, and Ryan, and three grandchildren, Ben, Luke and Alex. With the hosiery industry in decline, Brian left Hawick in 1976 for Inverness and worked on an oil rig construction yard. On arriving in Inverness, he found that the local athletics club was comprised of only 5 people. With his avid interest in sports, he decided to join and work at building up the club. Three years later the club had over 300 members with a dozen coaches and a handful of Scottish champions. He pursued his running career and became North of Scotland champion in the 800m, 1500m, and 3000m and was picked to run for Scotland in cross county.

In 1981, Brian opened a sports shop with a threefold purpose: provide specialists goods to athletes not available in the Highlands, provide an income for his family, and provide a platform from which sporting events could be organized. The shop turned into a chain of four shops from Thurso to Aberdeen, catering to all sports disciplines. During his 17 year period in Inverness, Brian inaugurated a large number of sporting events, spearheaded a successful campaign for the construction of an all weather athletics track, and organized events that raised over £1 million in sponsorship for charities. In 1992, he sold his business and after a year sabbatical, worked in Paris, France. The next decade Brian held positions as CEO of an IT company and head of sales with a company, causing him to spend up to 6 weeks a year in the US.

After a horrific car crash in 2005, where his life was saved by an off duty fireman, Brian decided to retire from his frantic lifestyle. In September 2007 he and his family moved back to the Scottish Borders and set up home in Kelso. He now plans to spend his time helping charity groups, building up the membership of TCA and start following the Cornet again. (Brian serves as membership secretary of Scotland TCA.)

February 15-17 Mark your calendars for the 16th annual Philadelphia Mid Winter Scottish and Irish Music Festival. If you are in the area, be sure to take in one of the Scocha performances. You won't be sorry!

Scocha performs all three days of the Festival: 10:00-11:00 pm Friday, Feb. 15, twice on Saturday – 3:45-4:45 and again at 7:00-8:00 pm. They are also part of the closing ceremonies on Sunday, Feb. 17 at 6:15 pm



Editor's note: The two stories on this page represent opportunities for Bullpen members to show their hospitality and in turn meet members of the extended family of TCA, learn more about them and where they are from. For more information or to join the Bullpen visit www.turnbullclan.com

Scocha to Perform in Philadelphia

By far one of the most sought after Scottish bands today, Scocha, will be traveling from Hawick, Scotland to Philadelphia, Pennsylvania to participate in the 16th annual Philadelphia Mid Winter Scottish and Irish Music Festival.

Members include Iain SCOTT, David CHAPman (SCOCHA), Alan Brydon, & Phil Clayton. Scocha has Turnbull connections as well. Alan Brydon's grandmother is a Turnbull. In addition, Iain Scott's grandfather, R. E. Scott, is the author of *I Saved the King*, a book about the history of the Turnbull name.



From the Hawick News, Hawick, Scotland: Speaking to the Hawick News about their hectic schedule, band member Alan Brydon looks ahead to the Philadelphia gigs: "The organisers are flying us over to make four appearances at the festival which will be a music-packed weekend. Scocha are one of the headline bands and one of only three out of more than 20 acts that have been invited to take part in the opening concert on the Friday night, during which we will take the prime 10 pm-11 pm slot. We'll also be performing on both main stages on the Saturday and will close the festival on the Sunday."

The American trip follows two successful visits to New York over the last two years, and it was while in the Big Apple in 2005 that Scocha first came into contact with Bill Reid, one of the organizers of the Celtic music festival, who comments, "To be honest I think Scocha will steal the show!"

(For more information visit www.scocha.com. To hear Scocha perform, go to www.hawick.net/teritv.htm)

Patch Theatre Performs in New York City

Patch Theatre of Australia will be performing in the US at the end of March and beginning of April, specifically in New York City. Stuart Day, son of members Dawn and Max Day, is part of the Patch Theatre troupe and will be coming to the US with the group to perform.



The Hon Mike Rann, MP Premier of South Australia and Minister for the Arts says of the group, "In its 35 year history, Patch Theatre Company has produced 99 new works and performed to over 1.4 million children and their families nationally and internationally. In recent years, Patch has developed and refined a repertoire of 8 acclaimed productions, each of which features the company's trademark elegance, simplicity and theatrical invention. This stylish collection of engaging theatre for 4-8 year olds and their families has earned national and international acclaim. Over the last three years, Patch has performed at fourteen international children's festivals (in Korea, Japan, Singapore, USA, New Zealand and Canada) and been regularly featured in Australia's most prestigious venues including the Sydney Opera House, the Victorian Arts Centre and the Canberra Theatre Centre."

The group will be performing their play, *Pigs, Bears & Billy Goats Gruff*. *Pigs, Bears and Billy Goats Gruff* is a theatrical assemblage of classic children's stories that incorporate the power of the number three ☺. In the kitchen of an old house, three storytellers and a musician bring to life these classic children's tales - using a table, 3 chairs, a collection of household items and food. An evocative mix of design, live music, dance and storytelling gives rise to surprising, humorous and vivid adaptations of traditional favourites - *The Three Little Pigs*, *The Three Billy Goats Gruff* and *Goldilocks and the Three Bears*.

Dawn says that Stuart is the musician and is the first to appear on stage. Theater information is below. The cast has Monday and Tuesday off. If you live in or near NYC, don't miss out on this opportunity to take in a great play and perhaps offer to show another TCA member around the city. If you would like more information or to contact Dawn or Stuart, you may do so by writing to editor@turnbullclan.com. Your email will be forwarded onto Dawn and she will get in touch with you. Let's make the Bullpen a thing of action.

The theater is the New 42nd Street Theatre - New Victory Theater, 209 W. 42nd St., New York, NY, located between Broadway and 8th Avenue. For schedule, more information and to view an excerpt visit www.newvictory.org.

Turnbull Finds Fame with the Green Bay Packers

Editors note: The following story comes from Gordon Turnbull and is intended for all of you who have started your withdrawal symptoms upon the completion of the US football season.)

In the late 1890's it was common that Wisconsin & Upper Michigan communities had local town football teams that played one another. In 1919, Earl "Curly" Lambeau and his sportswriter friend George Calhoun had a casual street-corner conversation about football and asked themselves, "why not get up a football team in Green Bay?" Curly, along with George the sportswriter, got together with Andrew B. Turnbull, general manager of the Green Bay Press-Gazette (formerly the Green Bay Newspaper Co.), in the newspaper's editorial room and hatched a plan to find a sponsor and organize a football team that was to become the beginning of the incredible saga of the Green Bay Packers.

The team wound up having three owners, all in its first four years, 1919-22. Curly Lambeau, a \$250/month shipping clerk at a local Green Bay meat packing company (Indian Packing Co.) talked his employer into putting up \$500 to supply Curly with uniforms and equipment as well as the use of its athletic field. Because of the packing company's support, Lambeau and team manager George Calhoun decided to call the club "Packers," and Packers they have been ever since.



The 1919 Green Bay Packers winning team.

With a record of 10-1, their first year, 1919 was a great success. Shortly thereafter, in 1920, Acme Packing Company bought Indian Packing Company and all its assets, including the fledgling team. In 1921, Lambeau convinced new owners John and Emmitt Clair to apply for a franchise from the new American Professional Football Association formed in 1920 (predecessor of the NFL). During the 1921 season, gate receipts did not support club expenses. Then, later in the year, with the team already headed for bankruptcy, the APFA revoked the franchise after Lambeau used illegal college players in a non-league game. But before the 1922 season, Lambeau by himself scraped up \$200 and using \$50 of his own money, reapplied and the league reinstated the Packers, with Lambeau as owner.

In 1922, when rain threatened to sink the team, Andrew B. Turnbull came to the rescue. Turnbull, publisher of the Green Bay Press-Gazette, grocery man Leland H. Joannes, attorney

Gerald Francis Clifford and Dr. W. Webber Kelly cancelled Lambeau's accumulated \$2,500 debt. They then rallied the Green Bay community behind the team and in August 1923, with more than 400 in attendance at a local Elks Club, the club was transformed into a non-profit entity, the Green Bay Packers Corporation. The five men, including Lambeau, were nicknamed the "Hungry Five" by Milwaukee Journal sportswriter Oliver E. Kuchle because they always seemed to have their hands out for money, since the franchise was often in financial trouble. Together, they raised funds, incorporated the team as a non-profit corporation, sold stock, established the Green Bay Packers Board of Directors and otherwise promoted the franchise.

Andrew Turnbull, the publisher of the Green Bay Press-Gazette, became the Packers' first president from 1922 and remained so until 1927. Joannes was the president for 17 years, helping guide the Packers through the Great Depression, near bankruptcy and a second stock sale. Kelly served one year as president, and also as team physician and as a board member. Clifford handled the team's legal affairs for 28 years. Despite their years of service, only coach/player Curly Lambeau was ever paid a salary. All have been inducted into the Green Bay Packers Hall of Fame, with Turnbull being inducted in 1977, 50 years after his last year as president.

From these modest and tenuous beginnings, the Packers have gone on to earn more championships (12) in the last 88 years than any team in pro football. Their achievements, representing a town population of 100,000 in competition with the country's largest markets, have endeared the Packers to the nation. The David vs. Goliath concept and the team's unique status as a publicly owned corporation has intrigued generations.



Copy of a stock certificate for the Green Bay Newspaper Company dated December 15, 1923 and signed by Andrew B. Turnbull.



CD!

CD is back to wish you a new year that is filled with all the best for you. And to give you a few more tidbits of discoveries along life's way that have to do with our beloved family.

Did you know that there is a Mount Turnbull? Here are some details. The detectives need to find out why this mount is called so.

An Overview

"Mount Turnbull is the highpoint of the Santa Teresa Mountains. These rugged desert mountains are located in southeast Arizona between the cities of Safford and Globe. The Santa Teresas are a largely unknown mountain range. They are located far off the beaten path, and it takes a long drive on backcountry dirt roads to reach them. As a result, they see few visitors. The southern half of the range is located in the Coronado National Forest, and contains the Santa Teresa Wilderness Area. The northern half is located on the San Carlos Indian Reservation. The highpoint of the National Forest section is known as Pinnacle Ridge, which reaches an elevation of 7,550 ft. Mount Turnbull is the range highpoint, and is located on the reservation. It has a prominence of 3,560 ft., which is big enough to make an appearance on the Arizona Prominence Map.

Mount Turnbull is an impressive mountain. It rises 5,800 ft. above the nearby Gila River, and is topped by a 200 ft. rock pinnacle. Mount Turnbull is highly visible to anyone driving by on US Highway 70, and is a dominating landmark in the area. However, because it is located on the reservation, it is a virtually unknown mountain, and few people ever climb it. The San Carlos Indian Reservation does allow recreational opportunities on its land. You will have to contact the reservation for the latest information about recreational access, and recreational permits are required."

Mount Turnbull, to the southeast, is framed by some of the ruins. The Apache name for Mount Turnbull is Dził Dlaazhé, with an uncertain translation. Many San Carlos Apaches consider the mountain to be "special."

For more information go to:

www.summitpost.org/mountain/rock/154856/Mount-Turnbull.html

Until the next "how interesting,"

A. Turnbull Clan Detective

Contributions to this column are welcomed at detective@turnbullclan.com



Mount Turnbull of the Santa Teresa Mountain Range, Arizona, is 5800 feet high.

Turnbulls in the News



Judy Turnbull and Dr. Jerol Swaim were honored as Man and Woman of the Year by the Lawrence County, Arkansas Chamber of Commerce. Turnbull was selected for her service through CASA (Court Appointed Special Advocates) and her efforts to establish a children's shelter in Lawrence County. Turnbull says she was totally surprised.

Happy Birthday

Florence Kunz, Leonard Quevillon, Avril Turnbull, Tyler Turnbull, Lynn Turnbull McConkey, John D. Turnbull, B. Walton Turnbull, JoAnne Turnbull, Norman Turnbull, Charlotte Forsythe, Kim Trimble, Nelson Weller, Charles Delaney, Patricia Turnbull-Cave, Daniel Turnbull, Sarah C. Turnbull, Paul Forgette, Betty Jean Turnbull,



William C. Trimble and Pamela Sugrue



Adriana Bonewitz sends this photo of hand knitted stockings to go with her Turnbull kilt. The stockings were made for her by Mari Todd, daughter of members Ron and Marilyn Jennings. The Jennings and Adriana met on the 2007 AGM trip to Scotland.

Sharing and Caring

Velle Turnbull and family appreciate your thoughts and prayers for their family with the loss of son Randolph Morris Turnbull. Randolph died in a motorcycle accident. His wife, Bonnie remains hospitalized in critical condition



Flowers of the Forest

TCA Remembers...

Jean Woodcock

1921 - 2007

Randolph Morris Turnbull

1952 - 2007

UV Exposure...

(continued from page 1) erythema and sun-related eye disorders. However, complications which can arise due to a lack of vitamin D are less well known. "In the US between 50,000 and 60,000 people die each year because of issues related to not getting enough sun exposure," Dr Turnbull said. Studies have indicated a lack of vitamin D can contribute to breast cancer, prostate cancer, colorectal cancer, multiple sclerosis, diabetes, bacterial infections, inflammatory bowel disease, elevated cholesterol and rheumatoid arthritis.

Dr Turnbull recently returned from conferences in the United Kingdom (UK) and Switzerland where he presented early findings from his research into solar radiation. "No one has ever done this research before, so my presentations received a lot of interest." Through his research Dr Turnbull aims to reduce the knowledge gap in maximizing vitamin D absorption while minimizing harmful UV wavelengths to improve recommendations about sun exposure. (Article from University of South Queensland)



And the Winner is...

Father William D. Turnbull of Waterford, New York.

Congratulations!

Don't despair. If you didn't win last time you have a chance each issue in 2008 to try again. Look for the embedded © in one of the articles and be the first to tell me where it is.

Find the © and win a box of Bulls-Eyes caramels! Tell me the page number, article and paragraph where the Bullseye appears.

Email me at editor@turnbullclan.com. I will send you your prize and announce the winner in the next issue.

Don't let this be your last issue of the Bullseye! 2008 Membership Renewals are due now. Janet sends word that she doesn't want anyone to miss out on the exciting things happening in TCA. Be sure to renew so that you can continue to receive the newsletters and up to date information. Use the form below or renew online at www.turnbullclan.com.

Make your check or money order payable to **Turnbull Clan Association** (please do not send cash) and mail it to:



Janet Schwierking, Membership Secretary • 2020 Schuettig Rd. • Poteet, Texas, 78065-4120



Member type	Full name	Email address	Date of Birth M/D/Y	New / Renew	Amount	Total
Member					\$24	
Spouse					\$12	
Student					\$12	
Address:		City:	State	Zip	Country	
I am interested in volunteering to help TCA with the following						
Special skills or interests include				<input type="checkbox"/> I would like to join the Bullpen		
<input type="checkbox"/> I require a printed edition of the Bullseye – if not, make sure to include a valid email address.						