

MYRA TURNBULL LEAVES HER MARK

Myra Turnbull, TCA Co-Founder made history in 1988 when she broke into the all male world of politics in Hawick, Scotland

The passing of ex-Provost Myra Turnbull MBE on 19 July was greeted with deep sadness in the town by former colleagues and her wide circle of friends. She died in Queens House care home, Kelso, aged 88.

John and Myra were married in 1956 and were blessed with two sons and a daughter - Barrie, Debbie and Hamish. When John's father, Barrie, died John gave up his studies to carry on the Turnbull family Business of Grocers & Wine Merchants established in 1855 and the Owners of Turnbull's Scotch Whisky.

John left us too soon in 1982, only five years after founding TCA, as the result of a massive heart attack. Always seeing the good, Myra says "We had a wonderful 25 years together."

Myra has held a number of well-earned and prestigious titles during her lifetime including Hawick Councillor, First Woman Provost of Hawick, First Woman Chairman of the Roxburgh District Council, and Member of the Most Excellent Order of the British Empire.

To those of you who come from elsewhere and may not know what all that means you need to be impressed, as when with Myra, you were in the presence of greatness. Her devotion to public service was recognised in 1996 when she was awarded an MBE.

In all her years in local government, she fought in particular for her native Hawick and also the entire Borders. This passion is underlined in the tributes from those who had the privilege to work with her. Myra's son, Barrie, commented "Mum was very family-orientated and will be sadly missed by all of us, including the grandchildren and great-grandchildren, and we are all immensely proud of what she has achieved in her



Myra's home was always surrounded with beautiful flowers, sharing the joy and happiness that reflected her vibrant personality.

civic life."

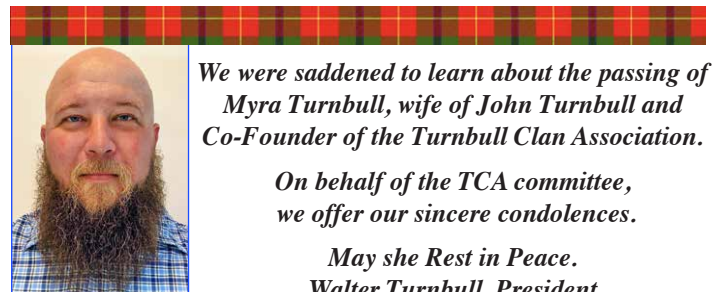
Burnfoot Community Councillor, Jamie Batten, added, "Myra loved Hawick and its people and worked tirelessly as a Roxburgh District councillor to make sure that the town was heard and properly represented. "She had a great love of our Common-Riding and continued to attend Provost Council ceremonial events whenever invited. "It is a very sad day and on behalf of the townsfolk of Hawick, I offer my sincere and heart-felt sympathies to Myra's family and close friends.

Eidon Housing Association chief executive, Nile Istephan, added: "We are sad to learn of the passing of Myra Turnbull MBE. She served with distinction on the board of the association for nearly a quarter-of-a-century.

Extracts granted by Jake Coltman, Hawick News - 24th July 2020



Myra and sculptor Angela Hunter: Myra poses with sculptor and creator of the Turning of the Bull Monument, Hawick, Scotland 2019. The monument was unveiled and dedicated to Myra's late husband John in 2009.



We were saddened to learn about the passing of Myra Turnbull, wife of John Turnbull and Co-Founder of the Turnbull Clan Association.

On behalf of the TCA committee, we offer our sincere condolences.

*May she Rest in Peace.
Walter Turnbull, President*

Authors Corner

Albert Turnbull



Long-time TCA member Albert Turnbull and Genealogist, has a new book available on Amazon.com. Titled '*Jack the Ripper, My part in his capture*' to outline the authenticity of the origins of primary evidence presented in the case at the time.

Jack the Ripper was an unidentified serial killer of grisly proportions involving female prostitutes. Links to the murders were alleged in 1888, but remained unsolved.

That is, until Albert's publication has shed new light on solving the crimes. There have been dozens of books and theories about the identity of Jack the Ripper, but not one like this.

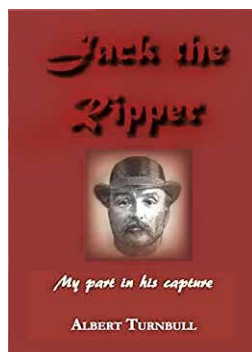


All these theories at the time have been dismissed through lack of credible evidence. James Maybrick was a strong suspect, because of a diary, allegedly written by him, which turned up at the home of a working class Liverpool family in 1950.

Albert's research shows a different view to the theories presented and hence his reason to write this book.

His research was to find a connection between the households of wealthy businessman Maybrick, living in a luxury mansion in its own grounds, with five servants and a terraced working class home in Liverpool, where the diary emerged.

"My task was to show beyond reasonable doubt that the said diary had travelled from Maybrick's luxury home to that of the Graham family.



No other researcher has found a connection, so I used my expertise in Family Research which has been honed over the past 40 years and recognized by Her Majesty's archivist, *English Heritage*, *Sunday Mirror* and all the major TV companies."

The book is available at Amazon.

Flowers of the Forest

Remembering



Myra Turnbull

1st November 1932 - 19th July 2020



Peacefully at Queens House, Kelso on Sunday 19th July 2020. Myra Shortreed, nee Sim. Much loved Mum and Grandmother.

Myra will be sadly missed by all her family, especially her children, Barrie, Debbie and Hamish, her grandchildren and great grandchildren.

Sharing and Caring

With the passing of Myra Turnbull, her families appreciate your thoughts and prayers.

THE TCA BEGINNINGS . . .

The year was 1977, when John and Myra Turnbull of Hawick Scotland, founded Turnbull Clan Association (TCA) to re-establish a link with Turnbells worldwide and their rich heritage.

Working endlessly together, the two wrote letters and addressed envelopes by hand, mailing to any Turnbull worldwide that they could find. Myra tells how she gave up her golf afternoon to work with John and promote the Clan.

Soon, there were branches in the USA, Australia and New Zealand. Little could they have envisioned the impact their small beginnings could have had on the worldwide clan and family.

Today, with improved communications and Internet support, TCA operates as one of the largest international clan associations uniting members from Canada, Cuba, Mexico, New Zealand, Portugal, Scotland, England, Ireland, South Africa, France, the United States, and many more.

A clan lay dormant for hundreds of years, but because of the dream of John and Myra, thousands have become aware of and are interested in their heritage and beginnings. Countless friends have been made.

BULLSEYE

The Bullseye, is the Turnbull Clan Association Worldwide (TCA) newsletter published six times a year at: 5216 Tahoe Dr. Durham, NC 27713 U.S.A.

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Founders: John F. Turnbull, Scotland • Dorothy Berk, USA

LIVE ON-LINE CONFERENCE . . .

If you want to learn more about doing research in Scotland join us for this free online conference.

This is a live event, but also time zone friendly. Our conferences begin at 7 am and ends at about 10 pm UK time, with the presentations being shown twice.

We do this so that the conference is accessible to you wherever you live in the world. We will also have lively Q&A sessions throughout the day.

Find out more on www.scottishindexes.com

Scottish Indexes Conference

SUNDAY 30 AUGUST 2020



Learn how to trace your Scottish
family history

Just a reminder that the Turnbull Clan have a separate discussion group for members of the DNA project. Fiona Turnbull has posted the latest group chart on Facebook. <https://www.facebook.com/groups/878087122530120/members/>

It's your Newsletter, so . . .

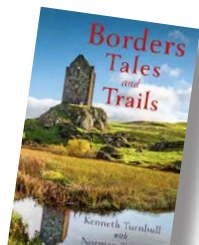
If you have a birth announcement, or any specific family event that you'd like to share with the 2,500+ Turnbull Clan readers, please let us know. We'd love to share. Send photos and information or stories of your adventures to the editor@turnbullclan.com



Borders Tales and Trails

Rated: ★★★★★

*Illustrated with colour
photographs and maps*



Available in paperback, the book is divided into two sections. The first, Tales, tackles the early history and stories of Scotland and the Borders. The second

section, Trails, outlines places to visit in the Borders, with a particular influence of notable Turnbull sights, battlegrounds, and castles. Included with the description are directions and what's there.

It is not intended to be a complete history or guide book, but a book about the Borders as seen through the eyes of one clan.

Amazon USA: <http://a.co/d/5S3dI3I>

Amazon UK: <http://amzn.eu/d/6sdBPsp>

Amazon AU: <https://amzn.to/2oSLsVo>

RESTRICTIONS LIMITED . . . YET, INVENTIVE TURNBULLS PREVAIL



Michelle Turnbull was born in South Africa and now lives in Victoria, Australia. Brought up in a jazz world, she has been involved in regular public entertainment gigs. When the COVID-19 virus made its presence, she was unable to continue with her musical performances and so decided to do an ad-hoc presentation on the Turnbull Facebook site. It's well worth watching.

GUESS WHO?



Yes, it's the Turnbull tartan and if you weren't able to guess, the wearer is Fiona Turnbull with this mask for herself.

In case you are interested you can get a Turnbull tartan face mask now - you'll need it if you go shopping in Scotland.

<https://www.scotclans.com/product/tartan-printed-face-mask/>

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Turnbull Clan Members

Your membership in the Turnbull Clan is a free birthright, but we do need your financial support of the clan organisation and its activities on behalf of our members.

Please consider becoming a supporting member with your voluntary dues of \$24 annually from the date of your first contribution.

Additional contributions to provide clan tents at future Highland Games are also needed and very welcome.

Contributions are tax-deductible and are used only to support clan activities.

Support your clan at: www.turnbullclan.com website.



Canada - Criminal Youth study



Robson Hall Law Professor Dr. Lorna Turnbull, was a lead investigator with two published reports in June, which included the study between Child Welfare, the Youth Criminal System and the Cross-over Kids in Manitoba. She realized that it was very important for experts in their different fields to collaborate in order to bring about changes.

USA - In case things go wrong

The desire to cool off during summer is to be expected. However, as people head to a river's edge



or a swift waterway with their family, there are some important safety tips to keep in case things go wrong. Rescue professional and trainer, J. Brett Turnbull from Oregon feels very passionate about volunteering his training services. Part of his training is showing how to use throw bags with rope in them. He has been doing water training sessions full time since 2010.

Canada - Canada Post mail carrier



Local Postal worker Andrew Turnbull begins each day at one of Ontario's five Canada Post sorting stations at London. That's where he washes his hands before setting out on his route. Before the current corona virus outbreak, Turnbull would freshen up at some point during his 20 kilometer route, which he mostly walks. "We have nowhere to wash our hands right now, what with all the restaurants being closed," commented Turnbull. He touches hundreds of doors, gates and mailboxes each day. Despite challenges, Andrew now has a positive outlook.



by Kenneth Turnbull - International News Editor

USA - COVID-19: Remembering a popular personality



With 155,000 lives claimed so far, the corona virus pandemic continues, people across the U.S. are losing loved ones to the illness. One of these victims included acting coach and teacher, 72 year old Jack Turnbull in Los Angeles. As a highly regarded acting coach and teacher, he was involved in helping students find success in TV and film. He edged on his many students with crazy enthusiasm and in business he made everybody feel their worth. Jack was special to everyone who knew him. He was married with three children.

CBS News photo

UK - Fundraiser bike ride in aid of Alzheimer's Research

Mark Turnbull, an artist from Alpheton, north-east of London, has been inspired to raise awareness about dementia after focusing on a recent project which depicted a woman affected by the progressive brain condition.

He was commissioned to paint a portrait of his client's parents from a photograph. Mark was told that the woman had suffered from dementia and he was left deeply saddened by the condition. Keen to play an active role in preventing the illness from affecting further people, Mr. Turnbull embarked on a 745-mile fund raising bike ride hosted by Alzheimer's Research UK, a charity dedicated to funding life-changing treatment for dementia sufferers.



UK - Helping more patients stay at home



Recently released data shows the North East Ambulance Service (NEAS) with a nurse-led team with vastly improved information sharing has helped reduce the number of distressing hospital admissions for end-of-life patients. Led by Macmillan Nurse and end-of-life care facilitator Sarah Turnbull and her team, they have worked together to raise awareness of the needs of this vulnerable group of patients across the region, train staff and ensure more people get to die at home. Focus has aimed at improving the sharing of crucial information about patients' needs, wishes and care plans. Turnbull added, "Information-sharing has since skyrocketed, which is fantastic." This has helped ensure more end-of-life patients are able to remain at home in the event of a health crisis.

New Zealand - Pandemic response

The crisis for one nurse, who responded to the Government's call for volunteers in Dunedin during the Covid-19 lockdown was not so different from her usual work. Barbara Turnbull had spent the past 13 years working with Red Cross surgical teams in war zones. She had returned to Dunedin, her hometown, to await another Red Cross posting when the pandemic struck New Zealand. Her response was instantaneous to the Government's call for doctors and nurses. This was a work experience she knew well.



UK - Hospital gifts to stay in touch

To help confined people stay connected, Care staff have donated a pair of tablet computers to the Cumberland Infirmary. The Artemis Domiciliary Care group donated the iPads with the aim to enable patients remain in contact with family and friends during the Corona-19 pandemic. They were only too pleased to be able to help, team leader Alan Turnbull said: "We work in a response department and we know how people who are isolated feel. By doing this it gives them a chance to keep in contact with loved ones. important to us."



Canada - Academic Excellence



Twenty-two year old Carter Turnbull from Nanaimo, British Columbia, a 180 lb. (82kg) Forward player, was one of two honoured for their academic excellence for the Ice Hockey competitions during the 2019-20 season. They were named by the American Hockey Coaches Association as the Krampade All-American Scholars for achieving a GPA of 3.75 or higher as well as taking part in at least 40% of the Huskies games for this season.

WE MEET AGAIN IN 2021 . . .

With the unexpected threats of the COVID-19 virus, there have been countless forced changes to annual Scottish celebrations. Unique Scottish events held throughout the world, including the annual Highland Games celebrations, have unfortunately now been cancelled for 2020.

HAWICK

The annual Border Ridings, known as the Reivers Festival, is one of mention. Over 140 years of celebrating this historic event, crowd restrictions have now forced it to be cancelled.

However, not to be outdone, the Festival has been offered on-line as an exceptional virtual event. The following web address shows the presentation.

<http://www.hawickcommonriding.co.uk>



**HAWICK
REIVERS
FESTIVAL**



EDINBURGH

The world-renowned Edinburgh Festival, Fringe and the Edinburgh Military Tattoo have all become casualties and cancelled for 2020. This was to be the Tattoo's 70th year of celebrations. A bigger and better 2021 Military Tattoo is currently underway.

In the interim, now you can enjoy the Edinburgh Military Tattoo from home this August. Our new and exclusive 'Tattoo at Home' range, allows you to recreate your very own Tattoo experience from the comfort of your own home.

You can follow our exclusive launch at this address:

<https://mailchi.mp/edintattoo/enjoy-the-tattoo-experience-from-home-int-2?e=3c61088b35>



Out of 190 cities surveyed by the Cultural and Creative Cities Monitor, Glasgow is now ranked as the top-most cultural and creative city, not only in the United Kingdom, but across 130 European countries even though Edinburgh is the capitol of Scotland, ranked as the fifth leader.

Glasgow is bursting with energy, passion and energy and the people are friendly, open and trusting.

The city also has its own slogan; 'People make Glasgow'. Yet another proclamation Glasgow has made, namely the 'City of Love' which was launched in 2002, then the City of Love Festival was launched. Named after St. Valentine's Day celebrations on the 14th February which dates back to the traditions of the 14th century.

Glasgow can boast of world class Galleries including nine Museums, as well as its deep history in early Architecture. There are regular cultural events throughout the year, usually accompanied by talented musical groups, such as The Royal Scottish National Orchestra. So, when next visiting Scotland, maybe Glasgow is a city to be considered on your next itinerary as a must visit venue.

TURNBULL CLAN DNA HISTORY

Clan member and Genealogist, Fiona Turnbull is our Project Administrator to the Trimble/Turnbull DNA Project. She is committed to helping Turnbull Clan members trace their heritage through tying family lines together through DNA results.



This is a great time to upgrade your results to higher markers as below with 67 and 111. Fiona has also pointed out that the higher marker tests are much more effective for narrowing down results.

If you haven't yet joined the program, there are significant discounts throughout the year on the Big Y tests. Just visit the www.familytreedna.com and join the Trimble/Turnbull Project.

If you have previously tested your autosomal DNA at 23andMe© or AncestryDNA™ or MyHeritage™, you can transfer your results to FamilyTreeDNA by uploading your raw data file or by providing an identification number given by an acceptable third-party company.

Once you have transferred your data you can join the Turnbull DNA project at:
<https://www.familytreedna.com/groups/trimble/about/>

Also FTDNA has just announced a permanent reduction in prices for their testing.

While we are no longer giving discounts on Y-DNA when joining a project, the current pricing is significantly lower than those rates were. Over the next few months, we will be working on ways to recommend appropriate projects for testers and encourage them to join surname, geographic, and haplogroup projects.

Grandfather Mountain Games Virtual Calling of the Clans



The Grandfather Mountain Highland Games (NC) weren't going to let a pandemic interrupt their annual Calling of the Clans. A special thank you to Turnbull Clan Tent Hosts, the Darin Trimble family for representing Clan Turnbull so proudly. Here's a link to the ceremony:

<https://www.facebook.com/watch/?v=1027138511076185>.
(Turnbulls at 1 hour 3 min)

TCA TRIBUTES TO MYRA TURNBULL . . .



Myra and John F. Turnbull on the day they were married in 1956



MBE: Myra received The Most Excellent Order of the British Empire from Queen Elizabeth II for her work as Hawick's first female provost and her many charitable and community contributions.



Myra at the monument shortly after its dedication to her late husband John.



Dr. Byron Turnbull, USA, met John and Myra through their original efforts to bring the worldwide clan together and they immediately formed a close bond.

An antique dealer once tried to sell Byron a beaten up Turnbull Whisky shop sign for \$120.00. He declined.

So when Dr. Turnbull visited Hawick, he asked John, who laughed and showed him a stack of the 100 year old signs in their original wrappings. Byron took the signs back and sold them, sending the proceeds back to John each year. He was instrumental in spreading the Turnbull clan in the US.

So if there any Turnbull's with pristine Turnbull signs, they most likely came from Byron's booth.



Myra poses with the happy bride and groom, Gemma (honorary Turnbull) Barnard and James Lubbock, September 2015



Wally and Myra at the wedding of James Lubbock to Barnard, September 2015.



Myra places something in the time capsule at the dedication of the Bedrule Cairn, Bedrule Kirk yard, 2014.



Dana Hume with Myra and John and family, June 1978. Dana met John and Myra through her father Byron Turnbull in the beginnings of the Turnbull Clan Association. She says, "I couldn't ask for a better kin."



Kenneth Turnbull 'Bullseye' editor (Australia) with Myra at the 2014 AGM dinner in Hawick. She will be sadly missed by all who knew her.



Myra was elected the first woman Provost of Hawick in 1988. Husband John was a councillor and had hoped to have a career in service. After his early death, Myra decided to step in and follow his dream. She broke the barriers for women and helped pave the way for future leadership.

MOTHER OF THE TURNBULL CLAN . . .



Betty Turnbull (North Carolina) and Myra meet in Hawick and reminisce about their first meetings and how their friendship grew. Betty recalls the first time she met Myra. Betty and her husband, Wally, who was then TCA president, were introduced to Myra. Myra embraced Betty and then said, "I always say, if you can't be born a Turnbull, you do the next best thing and marry one."



Left: Wally presents Myra with the first Turnbull Clan Lifetime Achievement Award at the AGM in Scotland 2007. Right: Twelve years later, Myra presents Wally with the Turnbull Clan Lifetime Achievement Award at the AGM in Scotland 2019.



Dennis Dick & his wife Lark Turnbull Dick (California) enjoy lunch together with Myra and family while visiting the Borders and Hawick. While they were having such a good time, the restaurant closed, but no one was going to tell Myra Turnbull she had to leave.



Patricia Turnbull (Australia) chatting with Myra at a Bedrule lunch after the Monument dedication in 2014



Ned and Janis Turnbull Dairiki meet Myra during the 2007 AGM trip to Scotland.



Michelle Hume says, "Myra was the friend of my Grandad, Byron Turnbull. She was amazing and so is her family. I hope that their happy memories bring them comfort in this difficult time."



Canadian Turnbells, Stephen Trimble Hall and wife Jenny visited the Borders in 2015 from Canada. They were excited to meet Myra in Hawick. Stephen says, "Myra was inspirational and an incredible lady."

I will never forget that visit!" Myra often told stories of how she would often receive random photo calls from people who visited Hawick. She would drop what she was doing and meet up in town or often at her home to welcome the many Turnbull visitors.

"In 2013, I met Myra with my mother and all my siblings. We had gone to visit the 'Turning of the Bull' statue in honour of my father, Ian Turnbull who had passed away 4 years earlier."

Mum had mentioned to a family friend that we were going and it turned out she would also be there at the same time and she knew Myra. We all met for lunch and then Myra invited us to her home. She was a most kind and special lady." Condolences from Hilary Preston, Heather Turner, Jeanette Silvester, Stewart, John, and Olive Turnbull.



Myra on the arm of TCA treasurer Sandy Turnbull at the 2019 AGM in Hawick.



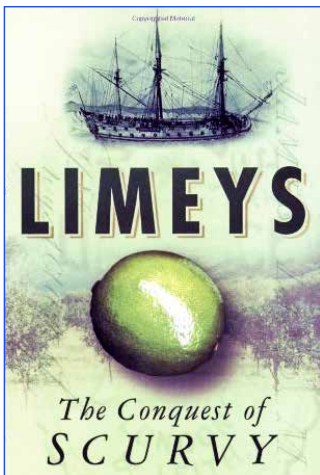
Myra poses with Angela Hunter, Betty Turnbull, and Gemma Lubbock. Together, these four ladies have been instrumental in bringing awareness to the Borders while watching the Turnbull Clan grow.

SCOTTISH DISCOVERIES – DR. LIND AND THE ‘LIMEYS’ VACCINE

Compiled by Kenneth Turnbull

Scurvy is a dangerous disease which, if left untreated, causes severe bleeding of the gums, tooth loss, hallucinations or may even cause a very painful death.

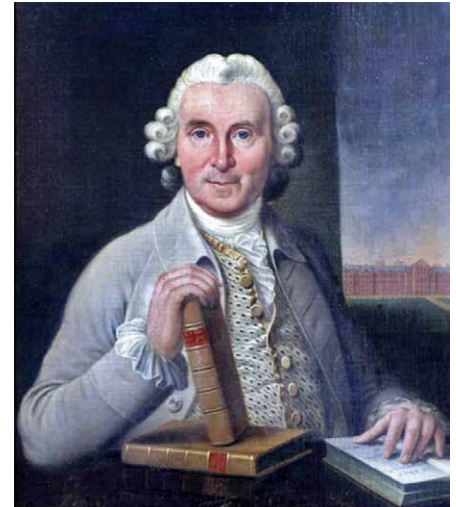
This dilemma was only solved when it took the Scottish surgeon, Dr. James Lind from Edinburgh, who went to sea in 1739 as a ship's surgeon's mate. Additionally his marine services covered frontier medicine. He observed the debilitating disease of scurvy amongst the sailors and set out to discover the cause and how to eliminate the problem. Scurvy was causing more deaths in the British Navy than in their many naval combats. He observed poor hygiene and malnutrition, but scurvy was one of the worst maritime diseases capable of devastating an entire ship's crew.



Dr. Lind decided to conduct experiments on a few selected pairs of sailors, with trials of cider, vinegar and several other concoctions. Of these, two were instructed to eat citrus fruits daily, including two oranges and one lemon. Overall, his experiments revealed no change, except for the pair who had eaten the citrus fruit. They recovered fully and were able to continue with their regular duties within a week.

As a result, the conclusion was very clear. Supply the sailors with a portion of citrus daily and the scurvy problems would be minimized. The citrus liquids acted as a vaccine against scurvy. However, it wasn't until after his death that the doctor's discovery became a requirement as part of the seafaring diet. When lime juice was used as a cheaper and effective alternative, it conjured up a nickname . . . Limeys.

This name referred to British sailors. In essence, Dr. James Lind had dedicated his time and commitment to medical science and this discovery had clearly been identified as the world's first medical trial of a medicine. His experiments had determined a way for preserving sailors health with a natural vaccine against scurvy.



Dr. James Lind

Myra Sim Turnbull 1932-2020

*This edition of the Bullseye is dedicated to the memory of
Myra Turnbull, the matriarch of the Turnbull Clan Association
She will be greatly missed but her unbreakable spirit and accomplishments
will remain an inspiration to all.*

Turnbull Clan Association
5216 Tahoe Dr.
Durham, NC 27713

