

Issue 19

# Bitty Bulls



Bitty Bull wishes you and your family a Blessed Christmas and a Happy New Year!

## Just a pile o' rocks?

The Scottish word **cairn** (kern) is used to describe a man-made pile or stack of stones used as trail markers or memorials and can be found all around the world. Some are small mounds and some are so large that they can be seen from a great distance. Some cairns are painted or decorated for religious reasons. Cairns have been built from very early in man's history as a way of remembering people and events or guiding people or ships to a new location.

According to Highland folklore, Highland clansmen, before fighting in a battle, would each place a stone in a pile. The survivors of the battle would return and remove a stone from the pile. The remaining stones would be used to build a cairn to honor those who died in the battle.

In July 2014 the Turnbull Clan saw the completion of a cairn in the yard of Bedrule Kirk (church) that is constructed of stones from different parts of the Borders where Turnbulls have lived or shared in significant historical events. The rounded stone on the top (capstone) is from Fatlips Castle. Inside the cairn is a stainless steel capsule that holds some items that tell the story of the Turnbull Clan's history.

Building a cairn is a grand way to mark and remember the importance of people or experiences; we can do that with our family in smaller, but equally important ways through making time capsules, keeping scrapbooks and photos, writing in journals or diaries, meeting for family reunions, and keeping unique family traditions alive.

The holiday season inspires many people to look ahead to the new year to create personal resolutions (list of things to improve in your life). *It is as important to look back and reflect on the good things that have occurred, the hard things that were persevered, and how your character has grown.* Have you been compassionate and kind? Have you been quick to listen and obey your parents? Are you developing a reputation for being a responsible and truthful student? **The choices you make can either be stumbling blocks or stepping stones that build into a lifetime of lessons and memories.**

If you were to leave a time capsule buried in your yard for someone to find 300 years from now, what items would you put in it to tell them about yourself and your family?



How many times can you find the word **CAIRN** in this word search?  
Answer is on second page of Bitty Bull.  
Puzzle made at [www.puzzle-maker.com](http://www.puzzle-maker.com)

Y	C	C	S	C	N	C	Q	A	N	N	N
I	A	A	A	Y	A	R	Y	G	R	R	U
N	I	I	Z	I	V	N	I	F	I	I	V
H	R	R	R	N	R	C	N	A	A	A	N
N	N	N	R	I	D	R	A	R	C	C	R
N	R	I	A	C	I	P	N	I	I	Q	I
N	A	C	V	A	Y	M	P	Y	R	A	A
C	R	V	C	J	N	R	I	A	C	N	C



Some builders placing the last stone, the capstone, on the Turnbull Cairn.



## Book Nook~

***We Were Here: A Short History of Time Capsules*** by Patricia Seibert (48 pages, ages 9+)

This book defines time capsules, covers the history of time capsules created in different cultures in different time periods, and walks the reader through the creation of their own time capsule. Many photographs of historical time pieces included.

***The Matchbox Diary*** by Paul Fleischman (40 pages, ages 5-9)

A great-grandfather shares memories of his childhood immigration from Italy to America with his great-granddaughter through objects he saved in matchboxes. A tender story about shared family history. Beautifully illustrated.

# Make Your Own Snow Globe

Answer:15



## Supplies:

- empty baby food jars or glass jars of varied sizes
- mini fake trees or small plastic toys
- Goo Gone
- Glycerin
- Glass & Bead glue OR Epoxy
- Glitter (colored chunkier glitter works best. Don't use clear or fine glitter)
- Gold spray paint (or whatever color you want)
- distilled water

1. Remove the labels off the jars and clean off the glue with Goo Gone.
2. Spray paint the lids gold (or desired color).
3. Put a little glue on both the inside of the lid and the bottom of the fake tree or toy item. Stick together and allow to dry for 24 hours.
4. Add about 1 teaspoon of glitter into each jar.
5. Fill with distilled water and add 5 drops of Glycerin. Screw the lid (with the tree or toy) onto the top and flip over.

Reprinted with permission from: <http://www.craftaholicsanonymous.net/baby-food-jar-snow-globes-tutorial>

## Variations:

Make your own mini cairn snow globe -- collect shells or special small rocks from a favorite location (Grandma's, vacation location, your backyard, etc) and glue into a tiny tower onto the jar lid. Follow directions above.

You can also tie a ribbon around the lid or glue sequins or glitter around the lid to make a festive base for your snow globe.



## Time Capsule Ornament

1. Buy clear ornaments from the craft store.
2. Write or type favorite memories from this year on strips of paper and loosely place into ball.
3. Using Modge Podge or similar craft adhesive, glue a photocopied picture of yourself onto the outside of the ball.
4. Using a craft pen, write the year on the back of the ball.
5. Tie with a ribbon and hang on the tree. Add a new ornament to the collection each year as a way of remembering milestones.

Include details such as: favorite teacher and name of school, favorite vacations, achievements, height and weight, first and last name in your own handwriting, favorite movies, colors, snacks, list of chores and responsibilities that you have for this year, special friends, and things and people that you are thankful for.

*It will be fun for you and your parents to look back on each one as you grow and remember together!*

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[www.cleverlyinspired.com/2010/11/time-capsule-ornament](http://www.cleverlyinspired.com/2010/11/time-capsule-ornament)

